


Standard Triathlon

-  swim 1.5k 2 LAPS
-  bike 40k 4 LAPS
-  transition
-  start
-  finish
-  aid station

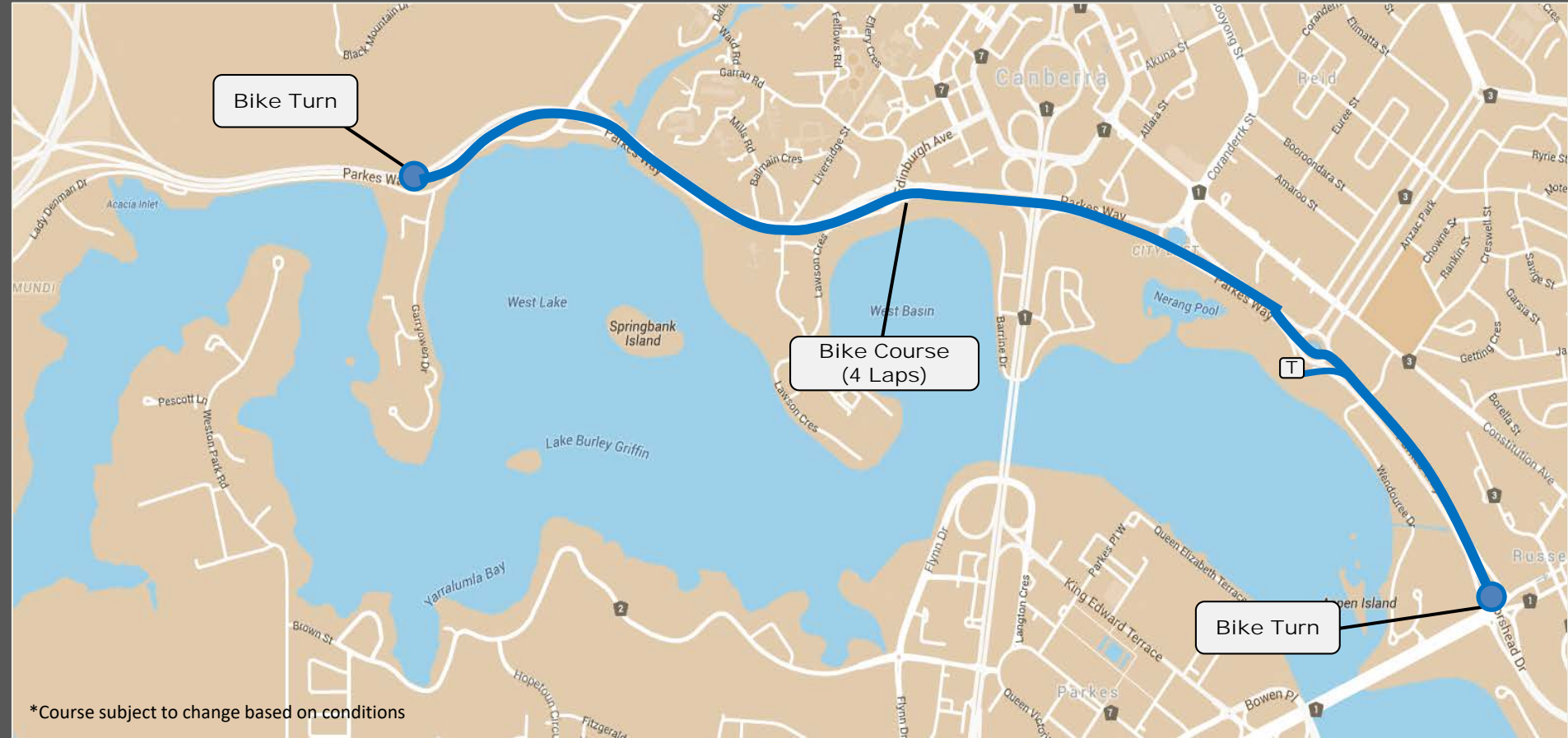


*Course subject to change based on conditions

standard triathlon bike course

 bike 40k 4LAPS

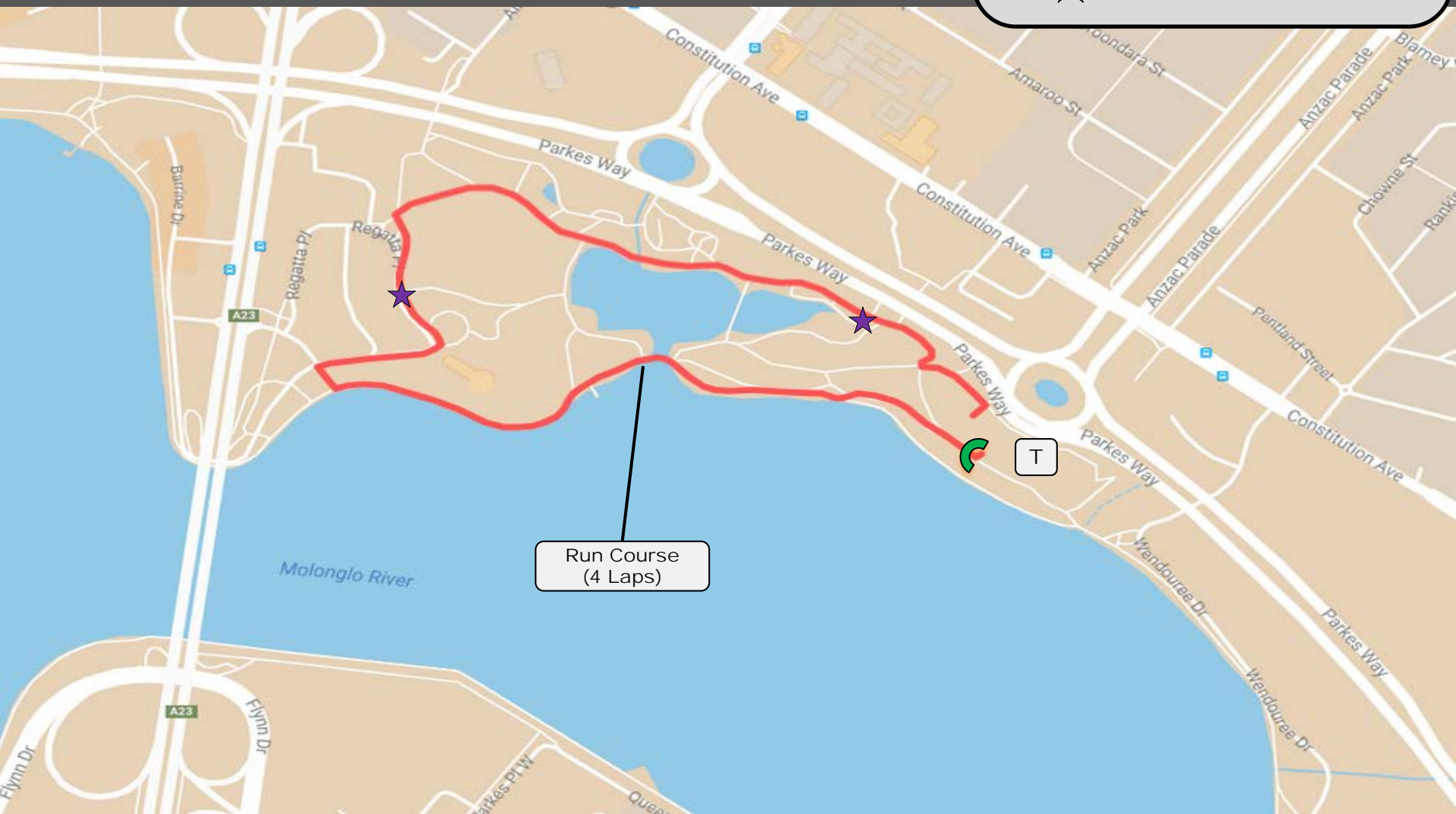
 transition



*Course subject to change based on conditions

Standard Triathlon Run Course

-  run 10k 4 LAPS
-  transition
-  start
-  finish
-  aid station



*Course subject to change based on conditions